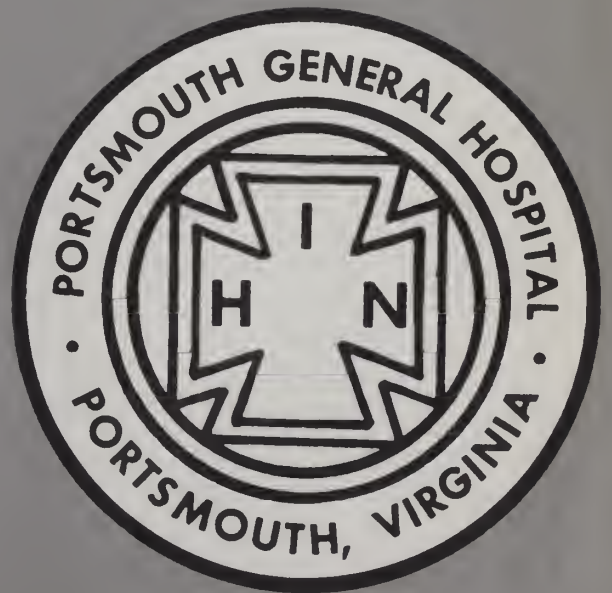
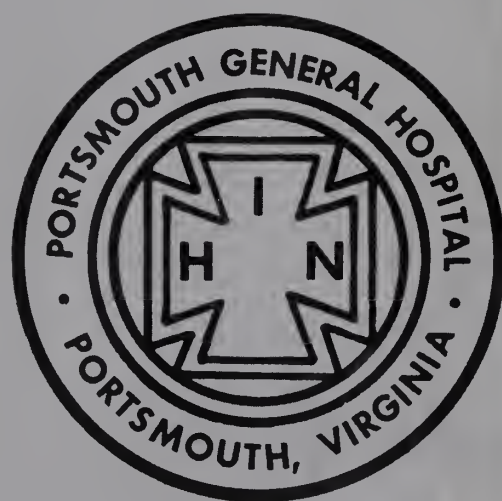




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Mrs. Lois S. Daniels

R.N., B.S.N.E.
Director
School
of
Nursing

Mr. C. R. Peery

M.H.A.
Hospital
Administrator



8-9-227928



MRS. SUE ARCHER
R.N.



MISS FLORANCE
BROOKS
R.N., B.S.N.

MRS. MARGARET
EDWARDS
R.N.



MRS. ELSIE
FUTRELL
R.N., B.A. M.S.



Faculty



MRS. BETTY JANE
JACKSON
R.N., B.S.A.S.



MISS MARY JO
KING
R.N., B.S.N.

MRS. PAULINE
KING
R.N., B.S.N.E.



MISS MINDA
RAMIREZ
B.S.





MRS. DAISY BOWEN



MRS. PEARL GREGORY



MRS. LUCILLE PARKER

Housemothers



MRS. BESSIE ELLS
SECRETARY



MRS. SALLIE DELLINGER
LIBRARIAN

MRS. ESSIE CASPER

MRS. KATHRYN HARPER

MR. WILLIE REESE

MRS. ANNIE WRIGHT





Freshmen



Elaine Berghofer



Darlene Brewer



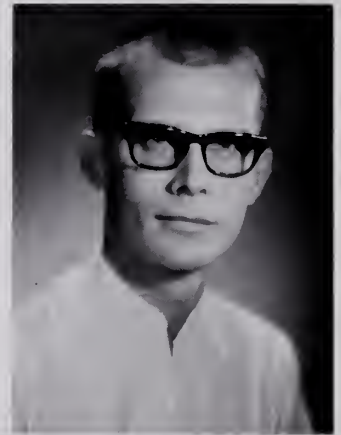
Roberta Campbell



Susan Davis



Jan Balback



Charles
Dowty



Cindy
Gupton

Class of 1972



Shirley
Hatton

Kay Hooper



Jackie Kavanaugh



Georgianna Krauss



Becky Lewis



Debbie
Martin



Shirley
Mays



Susan
Pearson



Cindy Williams



Angela Wiggins



Carolyn Woody



Cindy Younger





Freshman Class Officers and Advisor: Advisor, Mrs. King; Treasurer, Susan Davis; Vice - president, Carolyn Woodley; President, Angela Wiggins; Parliamentarian, Cindy Younger; Secretary, Susan Pearson; Historian, Cindy Gupton





... having the only year round tan!



... being one of the
ten best dressed

Happiness Is . . .

... being married?



... Rat Day?



... singing "Summertime!"

... study hours!





Now we near the end of our freshman year. We have at some-time all become discouraged - usually with college. Now we face our junior year, psychiatric affiliation, moretime on the clinical unit, Medical - Surgical Nursing, our first injections and many more experiences which will make this past year all the more worthwhile.





Juniors



Class Officers: Michele Ramirez, Historian; Tina Summer, Parliamentarian; Patricia Rudolph, President; Linda Hazzard, Vice-President; Judy Casteen, Secretary; Phyllis Doughtie, Treasurer; Mrs. Jackson, Advisor.



"I think I'm in love?"



It's for me!



Debbie Bowman



Susan Caffee



A
n
I
n
s
p
i
r
a
t
i
o
n



Judy Casteen

Would you believe Studying?



I'll drink to that!



Phyllis Doughtie



Can ya dig it?



Doris Halstead



Linda Hazzard

Family (or Group)



Carrie Kenrick

What's that smug
look for?



Melanie Mitrione



Tranquility



Michelle Ramirez



Patricia Rudolph



6 a.m. already?



Barbara Smith

Remember when we were only Rats!



Tina Sumner

I won 10 free lessons.



Touche'



Elizabeth Warrington



Toni Weiser



G'yes



Sandy Whitaker



Fran Wolford



OUR GOAL



Seniors



Senior Class Officers and Advisor: Miss Brooks, Advisor; Virginia Miles, Secretary; Debbie Miller, Vice President; Donna DeFreest, President; Sherry Sorrell, Parliamentarian; Pat Snyder, Treasurer; Nancy Martin, Historian.



She's
the
BEST
ONE



PRESIDENTS: Debbie - S.G.A.
Bonnie - District I, S.N.A.V.



DONNA MARIE
AMICK
Suffolk, Virginia



LINDA ANN
CRAMER
Portsmouth, Virginia



CONSTANCE L.
CRAWFORD
Chesapeake, Virginia



DONNA ELLEN
DeFREEST
Portsmouth, Virginia



VIRGINIA MILES
FUERSTENBERGER
Chesapeake, Virginia



WENDY WILSON
GUSTIN
Portsmouth, Virginia



BONNIE BUCHANAN
HARRIS
Portsmouth, Virginia



VICKIE LYNN
HOLLOWAY
Chincoteague, Virginia



PATRICIA ANN
KELLEY
Washington, D.C.



BRENDA CATHRYN
LEONHIRTH
Ahoskie, North Carolina



NANCY LLOYD
MARTIN
Portsmouth, Virginia



DEBORAH STEWART
MILLER
Orlando, Florida



PATRICIA JEAN
SNYDER
Portsmouth, Virginia



SHERRY JOHNSON
SORRELL
Portsmouth, Virginia



Mrs. Stauffer



After a hard day at work.



Home from Convention.



Choosing a graduation uniform!

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125	126	127	128	129	130	131	132	133	134	135	136	137	138	139	140	141	142	143	144	145	146	147	148	149	150	151	152	153	154	155	156	157	158	159	160	161	162	163	164	165	166	167	168	169	170	171	172	173	174	175	176	177	178	179	180	181	182	183	184	185	186	187	188	189	190	191	192	193	194	195	196	197	198	199	200

Counting the days!



Most Domestic
"Jinny"



Most Funloving
"Deb"



Most Sincere
"Linda"



Biggest Flirt
"Kelley"

Presenting the Class of 1970



Most Talented
"Vick"



Most Determined
"Sherry"



Friendliest
"Donna"



Most Trustworthy
"Pat"



Most Studious
"Wendy"



Most Dependable
"Nancy"



Best Looking
"Brenda"



Best All Round
"Bonnie"



Cutiest
"Connie"



Most Unpredictable
"Donna"

September 5, 1967, 22 scared and anxious freshmen entered Portsmouth General Hospital School of Nursing. Rat day was really a day to remember. Dressed in our feed sacks with rat tails and ears we marched over to the hospital to make spectacles of ourselves while "loving" every minute of it. We ended the day with a picnic and the junior class chose Vickie as the "Best Rat." The next week we started classes at O.D.C. We will never forget the bus rides and the day the bus broke down at the toll booth.

November 8, 1967, our first day on the clinical unit, we were so proud of our uniforms but little did we know that we were the last class to wear them.

Then came mid-semester and February 14, 1968, the day we received our first stripe. Every cap seemed to set a little higher

Second semester we added Nutrition and Drugs and Solutions to our schedule. We saw two of our girls elected to District 1, S.N.A.V. offices. Bonnie became second vice-president and Jinny became parliamentarian. Wendy was crowned Miss Portsmouth.

Then came June and this ended our college days. We all left on a much needed month's vacation. Connie was elected our representative to the Alumni Dance.

After Christmas we thought things had settled down; however, Brenda came down with the measles and we all had to get a measles shot.

On February 13, 1969 we presented our long remembered variety show, "The Juniors Do Their Thing". Later that month Bonnie was elected president of District 1, S.N.A.V.

We had the month of March for a much appreciated vacation. March 31, 1969 we checked into the Jones Building at Springfield State Hospital, Sykesville, Maryland. We will always have "fond" memories of C ward and all the patients. Nancy became our class "field mouse" because she was the first to be "bopped" on the head.

We returned from Sykesville ready to start Medical - Surgical Nursing IV and to apply our newly acquired psychiatric knowledge to our nursing care.

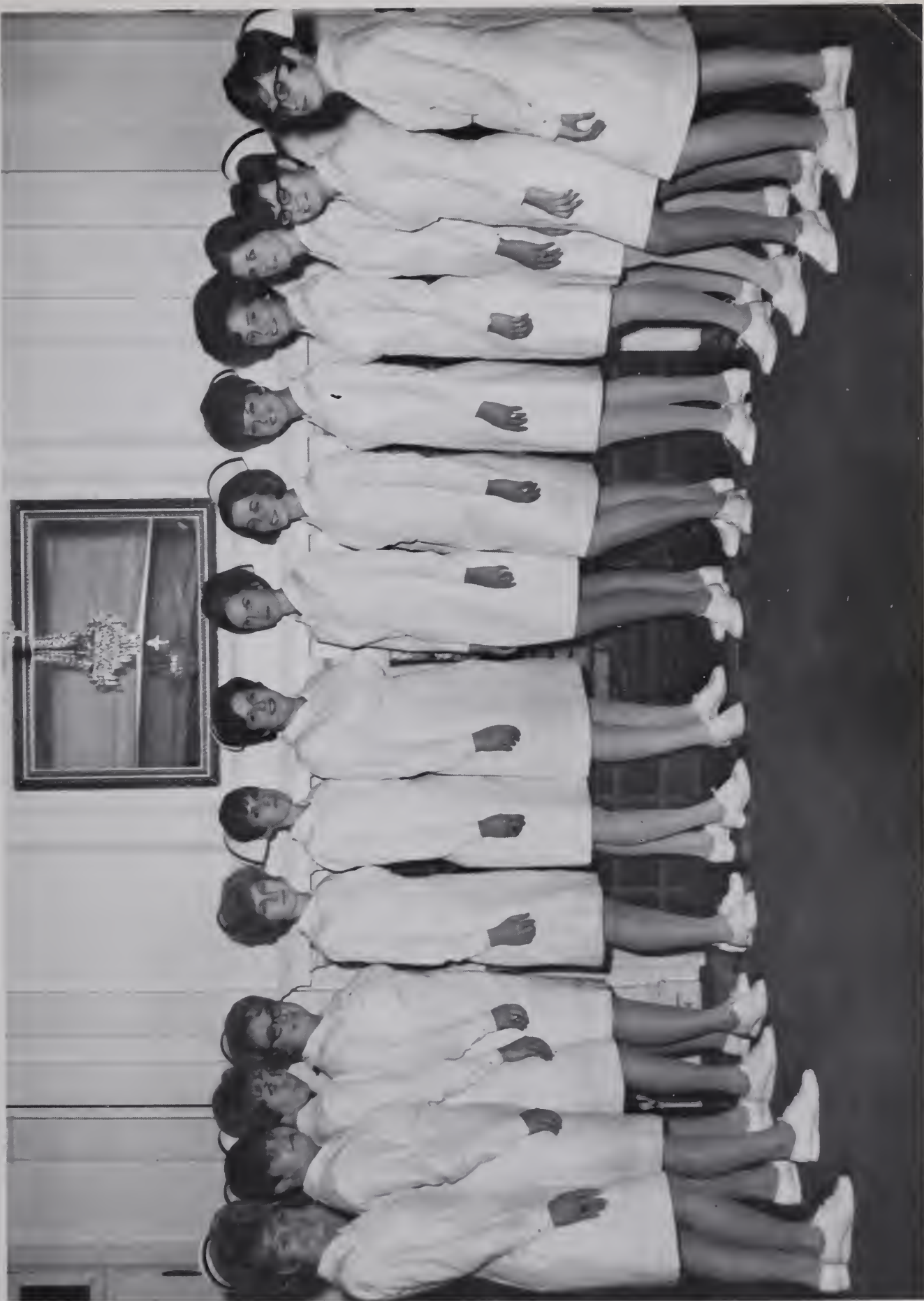
September 1969, finally arrived and we proudly added our new blue bands to our caps and started courses in Pediatrics and O.B.

In November we presented our second variety show, "Jest One More Time". Later that month at the Alumni dance, Bonnie was crowned queen and Brenda was senior representative.

Now as graduation grows near we are trying to make plans for graduating on May 8, 1970. In front of our families and friends, dressed in our white uniforms and caps with black bands we will receive our pins and diplomas. We will all have ambivalent feelings about leaving to start new lives as professional nurses.

Our class statistics are as follows:

Entered	22	Married	6
Transfers	4	Engaged	2
Withdrawn	12	Hopeful	5
Graduated	14	Service	1





On guard!



Watch the mint.



One! Two! Three! Kick!



How to embalm your best friend.

Seniors at rest.



Remember "Best Looking".



First aid anyone?

"Actually!"





Curriculum



Tidewater Community College



Frederick Campus

Through planned agreement and contract the School of Nursing annually purchases the Biological Sciences, Social Sciences, and English from the local college. The sciences are a background upon which the students build as they begin their clinical nursing courses.



"Don't pump it to 300."



"History of nursing."

Introduction To Nursing

Is taught by Mrs. Edwards, it presents the fundamentals of nursing based on scientific principles of professional nursing. It assists the freshman student to acquire concepts of nursing as a profession. The student begins to understand and gain knowledge of nursing care.



Fire Prevention.



Applying scientific principles.



Learning clinical experiences.



Drugs and Solutions

During the second quarter of the Freshman year, students are assisted by Mrs. Elsie Futrell in obtaining beginning skills in drug computations and administration.



Nutrition

As taught by Miss Ramirez, provides basic principles and knowledge in the science of nutrition. Emotional and social factors related to preparation and acceptance of food are included. Basic concepts of nutrition are utilized in the clinical nursing courses.

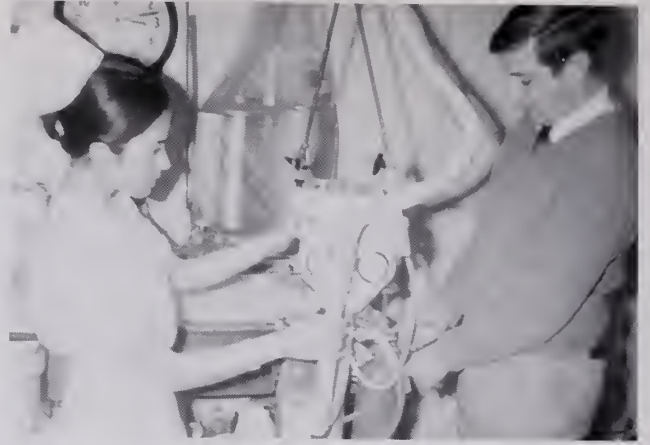


Pharmacology



The course in Introduction to Pharmacology, taught during the summer of the Freshman year, presents a beginning study of drugs dealing with sources, dosage, and actions. The therapeutic effect of drugs, the responsibility of the nurse in the administration of medications, and the need for continuous study of new drugs are emphasized. After this introductory course, Pharmacology is integrated in all clinical nursing courses.





Medical – Surgical Nursing

Medical-Surgical Nursing aids the student in gaining knowledge and skill in the administration of effective patient centered nursing care to selected patients. Learning experiences are provided in the Operating Room, Recovery Room, Intensive Care Unit, Inhalation Therapy Department, Coronary Care Unit and Public Health Clinics. Previous knowledge of the biological and social sciences assist the student to utilize problem solving approach in their understanding of nursing care techniques.





Administration Building



Our Arrival



Housemothers



Group or Family

Crownsville

The Class of 1971 was unique in the fact that we were sent to Crownsville State Hospital for a "new setting" in Psychiatric Nursing. We found Crownsville both exciting and educational. Being bewildered young juniors on a new experience we were soon assisted in adjusting through the efforts of Miss Farley and Mr. Ladues. Terminology that had once seemed so foreign to us became a daily habit. When our twelve weeks of experience was completed it was with regret and feeling of various emotions that we departed for our home school.



Classes Continue



Big Saturday Night



Work Must Go On



Maternal and Child Health

PEDIATRICS



OBSTETRICS



MATERNAL AND CHILD HEALTH
NURSING

Through this course the students have an opportunity to study family relationships and how they are influenced by the maternity cycle, growth and development of the child and deviations from normal. Environmental aspects which influence the behavior pattern of the growing child are reiterated throughout the course. The students are oriented to the individual rather than procedure in an attempt to broaden their acceptance of individuals interacting in the family. Community agencies are used to further observations outside the hospital setting.



Professional Adjustments



MRS. DANIELS: Instructor



Nursing Seminars



Leadership Skills

MRS. KING: Instructor





Activities

Student Gover

Student Government Officers



Officers: Treasurer, Pat Snyder; Advisor, Mrs. Daniels; President, Debbie Miller; Secretary, Vickie Holloway; Parliamentarian, Pat Kelley.

Not Pictured: Vice President, Susan Caffee; Corresponding Secretary, Barbara Smith; Historian, Elizabeth Warrington.

The Student Council is made up of elected officers and representatives from the three classes. Business is carried out at our monthly meetings.

Honor Council Representatives



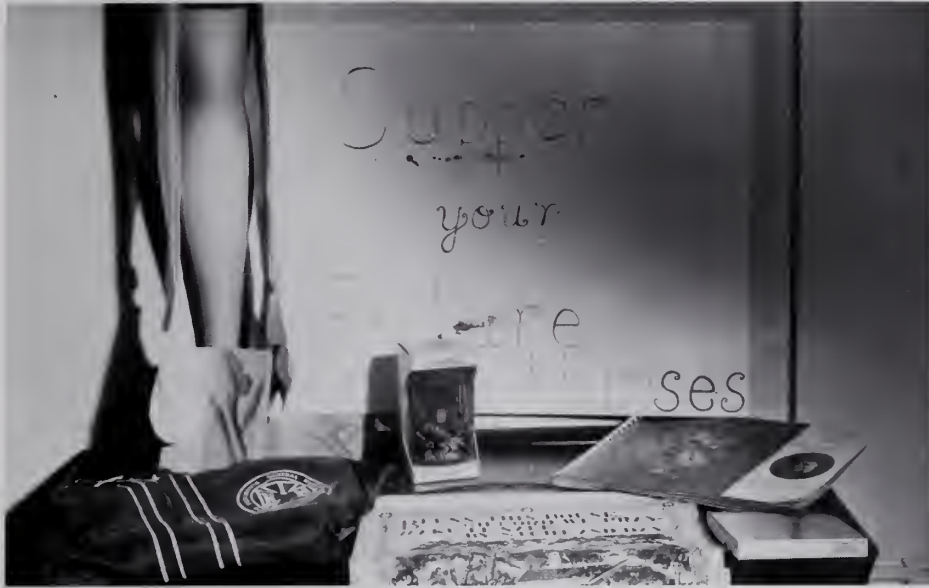
REPRESENTATIVES: Freshmen; Becky Lewis and Cindy Williams, Seniors; Pat Kelley, President and Donna DeFreest, Advisor; Mrs. Jackson.

Not Pictured: Juniors; Carrie Kendrick and Barbara Smith.

Honor Council Representatives are chosen by each class. It is their duty to enforce the by-laws as stated in our school handbook. Mrs. Jackson and Mrs. Archer give support and guidance to this committee as elected advisors.

nment Association

Projects and Functions



Halloween is homemade
candied apples.

Rat Day 1969!

Being a member of the Student Government Associations does not entail only long meetings. Annual parties such as the Halloween and Christmas party are fun times and give the students and faculty a chance to relax. Teas and programs are also a part of S.G.A. Fund raising projects are sponsored throughout the year.



Christmas time.



Tea any one.

Student Nurse



Wendy Wilson Gusten, senior student, competed and won the title of "Miss Student Nurse" of Portsmouth General Hospital School of Nursing as a Junior student. To be eligible "Miss Student Nurse" must be a member of S.N.A.V., possess an excellent character and practice good public relations. All contestants wrote and submitted speeches. Wendy's was titled, "You've Come A Long Way Baby." We are proud to have had Wendy Wilson Gusten as our "Miss Student Nurse" for 1969-1970.

District I S.N.A.V. Sweetheart Queen

District I S.N.A.V. sponsored its first Annual Sweetheart Ball on Feb. 13, 1970. Each school in the district elected one candidate. The six candidates voted among themselves to chose the "Sweetheart." With her title came the responsibility for activities sponsored by district for the Westhaven Boys Home.

Miss Carolyn Woodley was our representative and we are happy to announce she won the title of "District I Sweetheart" and will be crowned at the Sweetheart Ball.





Each year the Alumni of Portsmouth General and Kings Daughters Hospital sponsor an annual Alumni Dance. The queen is chosen from the Senior class and an attendant is chosen from each of the three classes.

Alumni



BONNIE HARRIS
Queen



Senior Attendant
BRENDA LEONHIRTH



Junior Attendant
SUSAN CAFFEE



Freshman Attendant
ANGELA WIGGINS



TOP: R. Campbell, C. Gupton, S. Mays, A. Wiggins, K. Hooper, S. Davis, D. Brewer, V. Holloway, D. DeFreest, S. Pearson; BOTTOM: E. Futrell, Advisor; S. Hatton, J. Balback, R. Lewis, C. Williams, J. Kavanaugh, C. Woodley, E. Berghefer, C. Younger, B. Harris, N. Martin.

Mrs. Futrell, Advisor



Glee Club

The Glee Club is composed of members of all three classes. They perform at the annual Christmas Party and present their own spring concert. Mrs. Futrell is the advisor and Mr. Huff of Parkview Baptist Church is the director.

Mr. Huff: Director





Annual Staff: Georgianna Krauss, Carolyn Woodley, Virginia Fuerstenberger, Pat Snyder-Editor, Mrs. Edwards-Advisor, Nancy Martin, Jackie Kananough, Shirley Mays, Not Pictured-Judy Casteen, Tina Summer, Pat Rudolph-Co-Editor, Linda Hazzard, Doris Halstead.

The Annual Staff

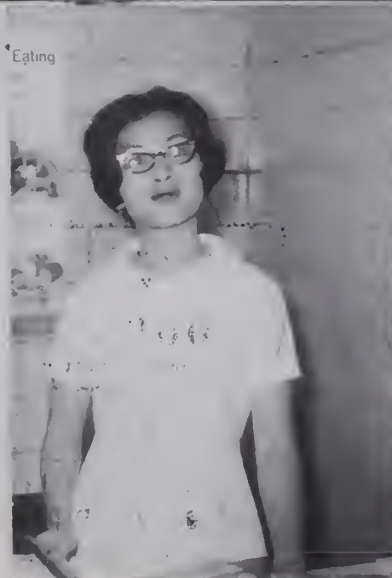
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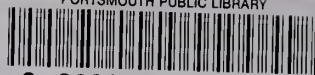


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